



## Suzuki Strings Program



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Norfolk, Va 23517  
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www.aomva.org

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### *About The Academy of Music*

Our mission is to make the joys and benefits of learning music available to the residents of Hampton Roads, regardless of ability to pay. The Academy of Music is Hampton Roads' only independent non-profit community music school that is accredited by the National Guild of Community Schools of the Arts and is one of only two fully certified schools in Virginia. Founded in 1991, The Academy of Music offers private and group instruction for instruments and voice. Our instructors are highly trained music educators and performers. The Academy's offerings are designed for all ages and skill levels.

♪ Academy classes are conducted throughout Hampton Roads: Trinity Presbyterian Church, Royster Presbyterian Church and Ghent United Methodist Church in Norfolk; Great Bridge Presbyterian Church in Chesapeake; Providence Presbyterian Church, and Emmanuel Episcopal Church in Virginia Beach,.

♪ Community Outreach programs such as our drumming programs at Park Place Baptist Church in Norfolk and our violin program at Park View Elementary School in Portsmouth, are conducted in partnership with these institutions. In addition to our outreach programs, The Academy provides need-based aid for students enrolled in private study who could not otherwise afford music lessons; this year 1 in 3 students is on full or partial scholarship.



The Academy of Music is a 501(c)(3) non-profit, equal opportunity organization. It does not discriminate on the basis of race, nationality, ethnic origin, color, sex, or religious belief in any of its policies or programs.

### Sign up for Academy of Music Suzuki Violin and Cello Wait List

Child's Name: \_\_\_\_\_ Nickname: \_\_\_\_\_ M F (circle one) DOB (mm/dd/yr): \_\_\_\_\_  
School/grade: \_\_\_\_\_ Previous Musical Experience (if any) \_\_\_\_\_  
Parent Name: \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_  
Address: \_\_\_\_\_  
Email is our primary form of contact. Indicate if you prefer a different way. If your contact information changes, it is your responsibility to contact us with your new information.  
Email \_\_\_\_\_ Phone #1 \_\_\_\_\_ Phone #2 \_\_\_\_\_  
We are interested in VIOLIN CELLO (circle one).  
We are available for lessons (indicate days/times) \_\_\_\_\_  
Group Classes are held regularly on Thursday evenings. You must be available to attend Group Classes. Anything else we should know about your child: \_\_\_\_\_

Email to [suzukiford@aol.com](mailto:suzukiford@aol.com) or mail to The Academy of Music, P.O. Box 11146, Norfolk, VA 23517

# *The Academy of Music's Suzuki Strings Program*

AOM offers instruction in violin and cello using the Suzuki Method. Participation in the program includes weekly 30 or 45 minute lessons plus regular group classes as well as parent education, recitals, receptions, special events.

**Suzuki Program Tuition: (per 18 week semester)**

**30 min. \$535    45 min. \$730**

## *Other Offerings*

**Prezuki: Weekly classes for young musicians between the ages of 2 and 4 (approx)with a parent.** Activities include playing rhythm instruments, drumming, singing, pitch-matching, learning about high/low, fast/slow, soft/loud, listening and moving to Suzuki repertoire, and playing games to introduce how to hold the instrument and bow.

Tuition: \$50

**Parent Class** (or "Why is My Child's Teacher Doing That?") A small group class for Suzuki parents who want to improve their playing skills, have a better understanding of the teaching points that are presented in the repertoire and develop a confidence in their knowledge of the violin or cello.

Tuition: \$100

*(No registration fee is required for Prezuki and Parent Classes, however all students must fill out a registration form. Minimum number of registrants required for both classes.)*

**Adult Private Lessons** are available for parents of children in this program.

**Summer Camp:** Dates and Tuition TBA

\*additional fees include: one-time \$35 registration fee per child, instrument rental or purchase, Suzuki music books and listening tapes, lesson notebook, occasional accompanist fee, STAHR (Suzuki Teachers' Association of Hampton Roads) membership.

Please wait to obtain an instrument until you are advised by your teacher.

## *Introduction to the Suzuki Method*

**Early Start:** Suzuki students usually begin lessons on their instrument between ages 4-7. Classes appropriate for younger children are available.

**Parental Involvement:** Parents are an integral part of the Suzuki Method of Talent Education. Child/Parent/Teacher are equal members of the Suzuki Triangle. Parents are the "home teachers" and are responsible for guiding home practice. Teachers require parents to learn the basic playing skills of the violin or cello. Previous musical training is not required for parents or students.

**Listening:** Children can learn music at an early age, the same way they learn their mother tongues, by listening, imitation and positive reinforcement. Listening to the Suzuki repertoire is an essential learning tool.

**Repertoire:** The Suzuki repertoire was carefully chosen to teach technique within the context of folk and classical music. All students learn the same pieces in the same order. This allows children of all levels to play together in groups. This motivates the younger children and allows the more advanced children to act as role models and leaders. Memorization and mastery of skills, reinforced by continuous review of the repertoire, are required for advancement.

**Instrumental Lessons:** At weekly lessons each child receives individual attention and instruction on position, new techniques, musicianship and tonalization.

**Reading:** Just as children learn to read after they learn to speak, Suzuki students learn to read music once they have internalized basic posture, techniques, tone and intonation.

**Performance:** Confidence is gained through frequent performances in groups and as soloists.

Follow us on Facebook at Academy of Music Suzuki Strings Program.

## *The Faculty*

### *Sarah Ford*

Master of Music - Education/Therapy - University of Georgia;  
Bachelor Of Music - Education - Ohio Wesleyan University  
Suzuki Training: Every Child Can, Books 1A-3,  
Overview Books 1-4, Suzuki Principles in Action, with  
Martha Shackford, Ronda Cole, Susan Kempter, Carol Tarr.  
Attended World Suzuki Convention.  
Years of Teaching Experience-30  
Music Teacher at Loch-Meadow Kindergarten, Coordinator  
and founder of The Academy of Music Suzuki Strings Program.  
Board Member Bay Youth Orchestra.  
Vice-President of STAHR

### *Rebecca Gilmore*

Master of Music (Cello Performance) Rice U with Norman Fischer  
Bachelor of Music (Cello Performance) Indiana U with Janos Starker & Tsuyoshi Tsutsumi  
Suzuki Cello Training: ECC\*, Bk 1 with Ronda Cole, Grace Field  
Years of Teaching Experience - 16 yrs (Rice University, Governor's School for the Arts, Virginia Wesleyan College, AOM)  
Virginia Symphony Orchestra (Acting Assistant Principal Cello); Breckenridge Music Festival Orchestra & Chamber Artist; Ambrosia Quartet, founding member  
Board member, Local 125 Musician's Union

### *Cathy Keresztesi-Stevens*

Master of Science (Early Childhood Education)  
Old Dominion University  
Bachelor of Music (Education) - Eastern Michigan U  
Suzuki Violin Training: Bks 1-6, SPA\*; instructors include Hiroko Driver Lippman, Celia Nicks, Teri Arnold, Carol Tarr  
Attended First International Suzuki Conference (1975)  
Co-author early music reading program, Mississippi Hot Dog (Shar Products)  
Certified Montessori Instructor String and general music teacher: Ghent Montessori School, Norfolk  
Years of Teaching Experience-35+

### *Christina Morton*

Master of Science (Early Childhood Education)  
Old Dominion University  
Bachelor of Music (Education) Northwestern University  
Suzuki Violin Training: Bks 1A-5, Overview 1-4 & 5-7, Bk 8, SPA\*; instructors include William Starr, Louise Behrend, Catherine Wood, Alice Joy Lewis, Craig Timmerman, Joe McSpadden, John Kendall, Nancy Jackson, Carol Tarr  
Suzuki Cello Training: Bk 1 with Jean Dexter

Attended 2 World Conventions in Matsumoto, Japan & national conferences; Member of Virginia Symphony Orchestra; Conductor of Bay Youth Junior Strings & String Orchestra  
Violin teacher & founder of program at Hebrew Academy of Tidewater; Coordinator and teacher of violin program at AOM Parkview Elementary, Portsmouth; Leader of "Suzuki Strings of Hampton Roads"; President of STAHR\*

### *Megan Van Gomple*

Master of Music (Violin Performance/Suzuki Pedagogy)  
Hartt School of Music at U. of Hartford, Bks 1-10 with Teri Einfeldt, Linda Fiore  
Bachelor of Music (Education), summa cum laude, Valparaiso University  
Additional Suzuki Training: SPA\* with Carol Tarr  
Attended National Conferences  
Years of Teaching Experience - 10  
Former Public School Strings Instructor and Conductor, Greendale, WI; Symphonicity, Assistant Concert Master; Virginia Symphony (substitute),  
Past member Waterbury Symphony (CT), the Hartt Symphony, Concord, Chamber Orchestra of Milwaukee; Vice President of STAHR\*

### *Sarah Winn*

Bachelor of Arts (Music) Old Dominion University (expected 5/12)  
Suzuki Violin Training: ECC\*, Bks. 1&2, SPA\*, with Libby Armour, Edmund Sprunger, Carol Tarr  
Student of Christina Morton  
AOM Suzuki and Preschool Camps counselor and teacher -5 years

All Suzuki Faculty are members of Suzuki Association of the Americas and STAHR\*  
\*ECC- Every Child Can!  
\*SPA - Suzuki Principles in Action  
\*STAHR – Suzuki Teachers' Association of Hampton Roads

Suzuki lessons and classes are held at:  
Ghent United Methodist Church, 531 Raleigh Ave., Norfolk